



Welcome to Durham Psychological Services!

We are a professional psychological office offering counseling, consultation, and training from a world view that actively incorporates the spiritual beliefs and wellbeing of each client. We understand the pressures and problems of living a life of service and personal satisfaction. All of our services are customized to meet your specific needs in your day-to-day living as well as challenge you to discover more meaning and purpose for your life as a whole. We focus on how God brings balance, restoration and resolve to the personal and relational issues of life. Whether providing corporate or church consultation, counselor or psychologist training and supervision, or direct counseling services, our desire is to enhance the quality of life of our consumers socially, emotionally, and spiritually. To do so we will actively work to understand your perspective and opinion on all pertinent matters, and work cooperatively with you to deepen your appreciation and enjoyment of life.

Enclosed in this packet you will find three documents – a Client Background Information form, a Counseling Information and Consent form, and a Face Sheet. Please complete these forms prior to your first session and give them to your counselor at that time.

Please note the following clarifications regarding charges and appointment times:

1. The initial counseling appointment may last 60 minutes, and counseling appointments from then on last 45 – 50 minutes, not a full hour. A double session is 90 minutes in length.
2. All fees are due and payable at the time of service. Cancellations with less than 24 hours' notice may be assessed the full fee.
3. The fee for the initial assessment session is \$140. For each session following the initial assessment the rate is \$125 per session. Consulting fees are \$150 per hour. Reduced rates/fees may be available for those who cannot afford the full cost of services – ask your counselor about this option if such is the case.

Thank you,

Dr. Don Durham

Donald Durham, Ph.D., Licensed Psychologist